

# 10 Steps To Prosperity & Fulfilment

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**1. Listen to your inner conversations.** What are your mental habits telling you? A poverty mindset knows why things can't work out. A successful mindset always steps up to the plate and looks for a way to work through a crisis. Start having discussions with yourself the moment you feel a hysterical reaction coming on. If you get in the habit of intervening on your own behalf you will start to hold a correct attitude and change your emotional reactions.

**2. Meet the Challenge.** If you have a melt down and lose your focus, freak out, and go into an emotional tail spin, once it's over go back to your image and refocus. You don't have to beat yourself up because you "lost" it. A fall out doesn't have to become a major set back. You are learning to identify when you are vibrating from an error pattern. Things may still scare and upset you for awhile. You are in the process of building self-trust and self-confidence. You will be able to meet an obstacle every step of the way once you develop a good relationship with your deeper Self.

**3. Congratulate yourself.** Give yourself credit when you react to a negative situation as an opportunity rather than a setback. Get in the habit of comforting and nourishing yourself when things don't go right and you'll start not to succumb to destructive emotions. Each time you do this you'll make a deposit into your emotional security bank. And feeling safe and secure is the vibration that attracts prosperity. Keep investing in yourself and you will start to resonate with abundance and optimism. Before you know it, you will start feeling entitled to having good relationships and success. And that's a good place to be!

**4. Throw off the old you.** If something happens that threatens your peace of mind, reassure yourself that all is well. How? Direct all of your attention to that which is good in your life. Focus is the winner's companion. In time you will learn how to keep your cool when those debilitating thoughts show up.

**5. Treat yourself well.** You don't need to prove that you are a failure anymore. You need to treat yourself like someone you love and care about. Once you get in the habit of feeling lovable and acceptable you will repel abusive people.

**6. Let go.** It is time to clean house and surrender your concepts of lack. Why allow negative people to scramble your brain? Why keep reminding yourself of painful uncomfortable times? Let go and let the Power work for you. Let go means let go! Make room for the money, success, healing, and fulfilling relationships you desire to be drawn to you. You deserve to feel like you are Number 1. If you need to have a good cry, have it. Once it's over persist in letting the "old you" go.

**7. Accept Responsibility.** Make changes gradually and you will start feeling better about yourself. Start to imagine the new you. How many times do you need to do this? Do it and do it and do it until you change your emotional point of attraction.

**8. Commit to new results.** Keep the partnership between your conscious and subconscious mind strong and success will be your closest companion.

**9. Feel like a million bucks.** Feel good. If you want to realize your dream for success, start feeling grateful about your success. Accentuate the positive and you'll build up your vibrational frequency.

**10. Don't look back!** Once you have consciously imagined a new result, don't turn your attention back to your former concept of yourself. If you do, you will re impress yourself with what you don't want and go back to a lower emotional frequency.

Success, health, happiness and wealth don't just pop in. Most visionaries who are wealthy, successful, healthy, and happy have certain things in common. These people have a certain mindset that include big dreams, good habits, imagination, strong positive beliefs, unshakable inner confidence and a connection to The Source of All That Is – or The Law of Attraction. They don't just "talk the talk, they walk the walk". Use spiritual principles to attract positive outcomes by focusing your conscious mind and absorb new ideas until you feel entitled to the gift of a new experience. You'll start to love and enjoy the adventure of life. You'll attract money, opportunities, good people, and harmonious situations that reflect your new mindset.

The only thing standing between you and the fulfilment of your dreams is opposing beliefs and feelings... not bad luck or a past life. If you truly want to bring the object of your thought into manifestation you have to make a conscious decision to get into the habit of feeling prosperous, happy, grateful, accepted, healthy, loved and successful... here and now. There's heaps more help at [DiscoverTheLawOfAttraction.com](http://DiscoverTheLawOfAttraction.com)